

# From Vizzavona to Corte

5 days/ 4 nights

Our team has designed an exceptional 5 day walking tour, which will take you from the coastline to the heart of the island. Discover spectacular and ever-changing landscapes, meet welcoming locals and get a taste for the local "cucina corsa".

## YOUR PROGRAM

### Day 1 - Bastia

After you arrive in Bastia in the afternoon, you will be able to settle into your hotel and explore Bastia's old port and citadel.

Dinner at your own expense. Night in Bastia, in a 3 star hotel.

### Day 2 - From Bastia to Vizzavona

Train transfer to Vizzavona in the morning.

Today's walk will take you to the heart of the forest of Vizzavona and will enable you to discover this superb state-owned forest, which provides a habitat for a great variety of plants and animals. You will also cross streams and get stunning panoramic views over the sea and Corsica's majestic mountains. Finally, you will return to Vizzavona.

Night and dinner in Vizzavona.

Walking: 3h30.

Height gain: +580m.

Height loss: -580m.



### Day 3 - Villages of the Venacais

After a short taxi journey, you will start hiking from Venaco and walk away from this enchanting little village in order to reach a path that will take you from one forest to another and to magnificent secret landscapes, hidden behind leafy tree branches.

Dinner and night in Santo Pietro di Venaco.

Walking: 6h10.  
Height gain: +975m.  
Height loss: -951m.

#### **Day 4 - Corte, the historical capital of the island**

Starting your walk from the village, you will take a path, amidst maquis shrublands, which goes all the way up to Corte. Goat farming abounds in this region and should lead you to some nice encounters! Your walk will then take you to the beginning of the Restonica Gorge and to Corte, which is easily recognisable with its citadel perched high on the summit of a promontory rock.

Dinner and night in Corte.



#### **Day 5 - From Corte to Bastia**

After breakfast, you will get a transfer to Bastia. Your trip ends once you arrive at the train station in Bastia.

### **Additional information**

#### **TARIFFS**

Price from 490 euros per person.

#### **OPTIONS**

##### **INCLUDED**

4 breakfasts, 3 dinners, nights in double bedrooms, local assistance, information package with maps and route notes, luggage transfers.

##### **NOT INCLUDED**

Transport options to the meeting point and from the point of dispersal, transfers which are not included in the tour, personal travel insurance, beverages and meals on day 1, picnic lunches, visits of tourist sites, personal expenses.

## **LEVEL OF DIFFICULTY**

You will need to be in good physical condition. Walking: from 4 to 6 hours a day on marked paths.

## **CARRYING**

Luggage transfers by vehicle. You only need to take your day bags with you (for picnics, water, cameras etc.).

## **ACCOMMODATION**

In comfortable hotels (double or twin bedrooms).

## **SIZE OF GROUP**

From 2.

## **DEPARTURES**

From the beginning of May to the end of September.

## **DEPARTURE**

Your hotel in Bastia.

## **DISPERSION**

Bastia train station.

## **EQUIPMENT TO TAKE**

- A good pair of walking boots (ones that you have used before), with ankle support and non-slip soles.
- Good quality walking socks
- A comfortable rucksack (either for all of your kit or as a day sack) with plenty of plastic bags to keep your kit dry.
- If you are having your luggage transferred, please make sure that you have only one bag for the transfers, with a maximum weight of 15 kilos. It should be an easily transportable soft bag or with wheels.
- T-shirt and shorts (depending upon the likely weather)
- Light trekking trousers (not jeans)
- It is good to be able to 'layer' your clothes – with several light tops (for protection against cold, wind or sun)
- A warm sweater, polar or fleece. Beanie, gloves.
- Waterproofs – such as an anorak (Gore-tex or micro pore for example) or poncho.
- A bathing suit and towel
- Sandals or flip flops for beaches, river wading, or for wearing in the evening (it's important to be able to rest your feet from your walking boots)
- Sun cream plus sunglasses and a hat or cap
- A change of clothes
- For the picnics, you will need a small Tupperware box (for stews or salads), a plastic mug, a knife and fork. A Swiss Army knife or a pen knife is optional but can be very useful.
- Walking poles can be very useful to take the weight off the knees and to steady yourself on uneven terrain.
- A water bottle (at least one). It is preferable that you should be able to carry at least 2 litres of water at any one time.
- Camera and film, or batteries and memory cards for digital ones.
- A light torch (with spare battery)
- A small first aid kit possibly including: Rehydration salts to combat dehydration or fatigue, something for cuts, sprains, blisters, breaks, burns, stings, and pain relief. Please remember any personal medication that you may need.

- Wash bag, including: toothbrush, toothpaste, towel, toilet paper. Preferably a biodegradable soap for washing fruit, washing yourself and for washing clothes (it is possible to buy a multi-purpose biodegradable soap). Earplugs can also be useful if you are sleeping in dormitories.
- Money – make sure you have enough cash on you for your trek (in Euros), as it is unlikely that you will be able to use a card or withdraw money if you are in the mountains.
- Maps – IGN maps of a scale and quality that allow you to see the route clearly. If you are on a self-guided tour, you will more than likely be given copies of sections of maps. These should be clear enough to guide you along the route alongside the route notes, but we strongly recommend that you have the correct maps for the area of your walk. Please contact us if you need advice.
- A compass – but make sure you are able to read it before starting on your trek
- Mobile phone and charger (it may not always be possible to get a signal or to charge it, but it can be very helpful in many circumstances).
- Snacks (such as energy bars, dried fruit).
- If you are a vegetarian, we suggest you bring a good supply of nuts or other foods containing protein. It is not always possible to get a good balanced meal, particularly in the more remote places in the mountains.
- A waterproof plastic pouch in which to put your trip documents, identity papers and insurance documents.