

On the trail of the GR20 south

7 days / 6 nights

The mighty GR20: a fantastic itinerary from the North-West to the South-East of the island! From the Renoso Mountain to the Needles of Bavella, you'll follow red and white markings and take some alternative routes to complete this southern part of the "Grande Randonnée" (GR).

YOUR PROGRAM

Day 1 - Vizzavona

Arrival in Vizzavona. Night in a gîte or refuge depending on availability at the moment of booking.
Dinner and night in Vizzavona.

Day 2 - From Vizzavona to Capanelle

Today's walk begins in a beech grove in the Vizzavona forest. The pass of Palmente offers a stunning viewpoint over the lakes of Diana and Urbino. The next trail segment takes you to the eastern slope and the shepherd's hut of Alzeta. You then walk along an ancient mule-track to reach the gîte of Capanelle.

Dinner and night at the gîte.

Walk: about 5h00.

Altitude gain & loss: +1155m, -715m.



Day 3 - From Capanelle to Bocca di Verde

From Capanelle, you make your way to the picturesque sheepfolds of Traghjete before trekking on towards the Plateau of Ghialgone. You then cross the footbridge of I Spiazzi and the forest of Marmano, before reaching the Col de Verde.

Dinner and night at the gîte.

Walk: 5h00.

Altitude gain & loss: +600m, -900m.

Day 4 - From Bocca di Verde to Cozzano

You climb up to the Bocca del Orro and walk through the plateau of Prato and its alpine fields. As you follow the crest line, the valley provides spectacular views of the Taravo and the Tyrrhenian Sea on the eastern slope. You then walk through the forest of St Antoine to reach the village of Cozzano.

Dinner and night at the gîte.

Walk: about 8h00.

Altitude gain & loss: +750m, -1300m.



Day 5 - From Cozzano to Basseta

Early morning departure. You climb the Bocca di l'Usciolu and walk along the mountain ridge with its dreamlike rocky landscape, sculpted by the wind. The path descends through an alder-tree forest, aged over a hundred years. The lush vegetation becomes more dense and exposed, and you soon reach the plateau of the Cuscione and the shepherd's hut of Basseta.

Dinner and night at the gîte.

Walk: about 6h30.

Altitude gain & loss: +910m, -505m.

Day 6 - From Basseta to Bavella

The plateau of the Cuscione offers a gentler terrain with its green grazing lands and pozzines (a type of peat bogs). You then climb Mount Incudine (2000m high) and, from the Asinao Valley, the path descends to the spectacular granite peaks that are the famous Needles of Bavella.

Walk: about 9h00.

Altitude gain & loss: +982m, -1100m.



Day 7 - Bavella

Your holiday ends after breakfast.

Additional information

TARIFFS

Price from 720 euros per person.

OPTIONS

IGN Maps of the hike (1:25000) : 42 euros per person.

INCLUDED

Accommodation.

Dinners from day 1 to 6.

Breakfasts from day 2 to 6.

Picnic lunches from day 2 to 6.

Information package with printed maps and route notes.

Luggages transfers everyday.

Local assistance.

NOT INCLUDED

Transfers to Vizzavona.

Transfers from Bavella.

Transfers not included in this itinerary (for example, due to bad weather or physical ailments).

Optional activities.

Beverages.

Holiday insurance.

LEVEL OF DIFFICULTY

Terrain: well-marked paths but very technical terrain (rocky and uneven). You need to be sure-footed and have plenty of relevant mountain experience. You also need to be able to read and follow map instructions.

Walking: from 4h30 to 9 hours.

CARRYING

Luggage transfers everyday on this trip.

ACCOMMODATION

Gîtes d'étape (dormitories for 5-6 people with shared bathrooms).

Please be aware that facilities will be basic and normally on a shared basis (except in hotels). Hot showers should be available at each accommodation, but water may be limited due to high demand.

Double bedroom accommodation:

Nights in rooms of two are available on this particular trip, depending on availability.

Single accommodation:

Nights in single bedrooms are not available on this particular trip.

Extra accommodation:

If you require additional nights before the start of your trip or after the end of your trip, then our team can book this for you (subject to availability). Please notify us (on your booking form or by email) at the time of your booking. Payment for extra accommodation should be made to us one month before the start of your trip.

SIZE OF GROUP

Minimum two.

DEPARTURES

Every day from the beginning of June to mid-September.

DEPARTURE

Vizzavona.

DISPERSION

Bavella.

HOW TO GET THERE

Vizzavona is easily accessible by train from Ajaccio, Bastia and Calvi.

EQUIPMENT TO TAKE

- A good pair of walking boots (ones that you have used before), with ankle support and non-slip soles.
- Good quality walking socks
- A comfortable rucksack (either for all of your kit or as a day sack) with plenty of plastic bags to keep your kit dry.
- If you are having your luggage transferred, please make sure that you have only one bag for the transfers, with a maximum

weight of 15 kilos. It should be an easily transportable soft bag or with wheels.

- T-shirt and shorts (depending upon the likely weather)
- Light trekking trousers (not jeans)
- It is good to be able to 'layer' your clothes – with several light tops (for protection against cold, wind or sun)
- A warm sweater, polar or fleece. Beanie, gloves.
- Waterproofs – such as an anorak (Gore-tex or micro pore for example) or poncho.
- A bathing suit and towel
- Sandals or flip flops for beaches, river wading, or for wearing in the evening (it's important to be able to rest your feet from your walking boots)
- Sun cream plus sunglasses and a hat or cap
- A change of clothes
- For the picnics, you will need a small Tupperware box (for stews or salads), a plastic mug, a knife and fork. A Swiss Army knife or a pen knife is optional but can be very useful.
- Walking poles can be very useful to take the weight off the knees and to steady yourself on uneven terrain.
- A water bottle (at least one). It is preferable that you should be able to carry at least 2 litres of water at any one time.
- Camera and film, or batteries and memory cards for digital ones.
- A light torch (with spare battery)
- A small first aid kit possibly including: Rehydration salts to combat dehydration or fatigue, something for cuts, sprains, blisters, breaks, burns, stings, and pain relief. Please remember any personal medication that you may need.
- Wash bag, including: toothbrush, toothpaste, towel, toilet paper. Preferably a biodegradable soap for washing fruit, washing yourself and for washing clothes (it is possible to buy a multi-purpose biodegradable soap). Earplugs can also be useful if you are sleeping in dormitories.
- Money – make sure you have enough cash on you for your trek (in Euros), as it is unlikely that you will be able to use a card or withdraw money if you are in the mountains.
- Maps – IGN maps of a scale and quality that allow you to see the route clearly. If you are on a self-guided tour, you will more than likely be given copies of sections of maps. These should be clear enough to guide you along the route alongside the route notes, but we strongly recommend that you have the correct maps for the area of your walk. Please contact us if you need advice.
- A compass – but make sure you are able to read it before starting on your trek
- Mobile phone and charger (it may not always be possible to get a signal or to charge it, but it can be very helpful in many circumstances).
- Snacks (such as energy bars, dried fruit).
- If you are a vegetarian, we suggest you bring a good supply of nuts or other foods containing protein. It is not always possible to get a good balanced meal, particularly in the more remote places in the mountains.
- A waterproof plastic pouch in which to put your trip documents, identity papers and insurance documents.

IMPORTANT INFORMATION

To Vizzavona:

To get to Vizzavona, you can either book a taxi transfer with us or you can take the local bus or train. For train fares and timetables, please visit www.corsicabus.org.

From Bavella:

To get to your destination point from Bavella, you can either book a taxi transfer from Bavella or you can take the local bus or train. For train fares and timetables, please visit www.corsicabus.org

We strongly advise you to buy the correct IGN maps for this trip to complement the printed map sections that we provide as part of the package.